

### **Mount Carmel Spiritual Centre**

7020 Stanley Ave.  
Niagara Falls, ON L2G 7B7  
(905) 356-4113  
[reservations@carmelniagara.com](mailto:reservations@carmelniagara.com)  
[carmelniagara.com/](http://carmelniagara.com/)

### **Mount Mary Immaculate Retreat Centre**

437 Wilson St. E.  
Ancaster, ON L9G 3K4  
(905) 648-6292  
[bookingsmmrc@hamiltondiocese.com](mailto:bookingsmmrc@hamiltondiocese.com)  
[mountmary.ca/](http://mountmary.ca/)

### **Queen of Apostles Renewal Centre**

1617 Blythe Rd.  
Mississauga, ON L5H 2C3  
(905) 278-5229  
[office@qoa.ca](mailto:office@qoa.ca)  
[qoa.ca](http://qoa.ca)

### **St. Augustine's Seminary**

2661 Kingston Rd.  
Toronto, ON M1M 1M3  
(416) 261-7207  
[staugustines.on.ca/events](http://staugustines.on.ca/events)

### **St. Mary of Egypt Refuge**

206 Barry Rd.  
Madoc, ON K0K2K0  
(613) 473-2679  
[info@stmcollege.ca](mailto:info@stmcollege.ca)  
[stmarysrefuge.org](http://stmarysrefuge.org)

### **Villa St. Joseph Ecology and Spirituality Centre**

445 Monk St.  
Cobourg, ON K9A 2S9  
(905) 372-2741  
[villastjoseph.ca/](http://villastjoseph.ca/)

## **Saskatchewan**

### **Myriam of the Prairies**

2527 Margaret Pl. E  
Regina, SK S4V 1Z4  
(306) 761 0528  
[prairies@famillemyriam.org](mailto:prairies@famillemyriam.org)  
[famillemyriam.org](http://famillemyriam.org)



## **The Catholic Women's League of Canada**

C-702 Scotland Avenue  
Winnipeg, MB R3M 1X5

Tel: (204) 927-2310  
Website: [cwl.ca](http://cwl.ca)  
E-mail: [info@cwl.ca](mailto:info@cwl.ca)

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**CATHOLIC**  
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**Retreat Centres for  
Spiritual Development**

## Alberta

### **FCJ Retreat & Conference**

219 19<sup>th</sup> Ave. SW  
Calgary, AB T2S 0C8  
(403) 228-4215  
[info@fcjcentre.ca](mailto:info@fcjcentre.ca)  
[fcjcentre.ca](http://fcjcentre.ca)

### **Providence Renewal Centre**

3005 119 St. NW  
Edmonton, AB T6J 5R5  
(780) 430-9491  
[info@providencerenewal.ca](mailto:info@providencerenewal.ca)  
[providencerenewal.ca](http://providencerenewal.ca)

### **Star of the North Retreat Centre**

3A St. Vital Ave.  
St. Albert, AB T8N 1K1  
(780) 459-5511  
[programs@starofthenorth.ca](mailto:programs@starofthenorth.ca)  
[starofthenorth.ca/](http://starofthenorth.ca/)

## British Columbia

### **Copper Ridge Conference Centre**

1371 Quarry Lane  
Britannia Beach, BC V8B 1J2  
(604) 516 915  
[contact@copperridgeconferencecentre.ca](mailto:contact@copperridgeconferencecentre.ca)  
[copperridgeconferencecentre.ca](http://copperridgeconferencecentre.ca)

## Newfoundland and Labrador

### **Virginia Water Contemplative Centre**

47 Parsonage Dr.  
Box 21268  
St. John's, NL A1A 5G6  
(709) 754-1582  
[virginiawatersretreat@gmail.com](mailto:virginiawatersretreat@gmail.com)  
[presentationsisters.ca/retreat.html](http://presentationsisters.ca/retreat.html)

## Prince Edward Island

### **Martha Spirituality Centre**

SDU Place, 45 Great George St.  
Charlottetown, PE C1A 4K1  
(902) 367-2098  
[drjoancsm@gmail.com](mailto:drjoancsm@gmail.com)  
[pei-marthas.ca/spirituality-centre-2/](http://pei-marthas.ca/spirituality-centre-2/)

### **Our Lady of Hope Retreat Centre**

67 Reid Rd.  
Breadalbane, PE C0A 1E0  
(902) 621-2385  
[ourladyofhope.pei@gmail.com](mailto:ourladyofhope.pei@gmail.com)  
[hopepei.com/](http://hopepei.com/)

## Ontario

### **Galilee Centre**

398 John St. N  
Arnprior, ON K7S 2P6  
(613) 623-4242  
[info@galileecentre.com](mailto:info@galileecentre.com)  
[galileecentre.com](http://galileecentre.com)

### **Gethsemane Ministries**

84008 Wellandport Rd.  
Wellandport, ON L0R 2J0  
(905) 386-1111  
[info@gethsemaneministries.com](mailto:info@gethsemaneministries.com)  
[gethsemaneministries.com/](http://gethsemaneministries.com/)

### **Holy Family Retreat House**

121 Victoria St.  
RR 1  
Harrow, ON N0R 1G0  
(519) 738-6136  
[hfrh@dol.ca](mailto:hfrh@dol.ca)  
[hfrh.ca/](http://hfrh.ca/)

### **Manresa Jesuit Spiritual Renewal Centre**

2325 Liverpool Rd.  
Pickering, ON L1X 1V4  
(905) 839-2864  
[director@manresa.ca](mailto:director@manresa.ca)  
[manresa-canada.ca](http://manresa-canada.ca)