



The Catholic Women's League of Canada

MEMO

DATE: March 26, 2018

FROM: Jacqueline Nogier, national chairperson of spiritual development

TO: Parish chairpersons of spiritual development

CC: Parish presidents, diocesan presidents, provincial presidents and life members
(on request)

12 Hours of Prayer for Palliative Care

"12 Hours of Prayer for Palliative Care" will take place during Palliative and Hospice Care Week, sponsored by The Canadian Hospice Palliative Care Association, from May 6-12, 2018. Consider planning a parish event. A downloadable kit which contains many ideas that can be used by large or small gatherings is available at the national website. This excellent resource was gifted to the League by National First Vice-President and Chairperson of Education and Health Fran Lucas and Life Member Becky Kallal.

Vision TV Masses

Each year the League sponsors two masses on Vision TV. A co-sponsored mass on April 26th, the Feast Day of Our Lady of Good Counsel and a mass on May 4th to lead into Hospice Palliative Care Week from May 6-12, 2018 are scheduled. Encourage members to view the broadcasts.

Prayer Tool Belt

Back to basics: In each mailing I have provided ideas for new ways to include daily prayer. Many comprise of how to use technology to increase access to prayers and videos. Remember, however, that the basic types of prayer are also effective and are sometimes the most powerful. As important as it is to increase our "prayer tool belt", it is also important to remember the basic tools from childhood. These prayer tools have lasted through the millennia for a very good reason. Attend daily Eucharist if you have access and your work schedule allows for it. Pray the rosary, spend some time with the bible each day, learn to pray the Liturgy of the Hours and read the daily mass readings. There are so many options to keep Jesus the focus in our busy lives.

The Pope Video, Pope's Worldwide Prayer Network: once a month posts a short video about the Holy Father's monthly prayer request at www.thepopevideo.org. Sign up to receive videos via email.

Jacqueline Nogier
National Chairperson of Spiritual Development

