

**Instructions**

## Group One

Each slip contains the topic of a recent resolution passed at a national convention. Using the formula, write a prayer to reflect what needs to happen.

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## Group Two

Each M & M colour has a meaning. Use the colour guide below to write a prayer reflecting the meaning of the colour. Be sure to use the formula.

Red: joy, energy, passion, action, ambition and determination.

Orange: social communication and optimism.

Yellow: the mind and intellect.

Blue: trust, peace and can suggest loyalty and integrity.

Green: balance and growth.

Brown: security, protection and comfort

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## Group Three

Read your fortune. Using what you have just read as inspiration, write a prayer using the formula.