



First Sunday of Advent Hope

The Prophet's Candle

Theme: *Waiting for the Messiah*

Scripture: Gospel: Mark 13.33-37

The first week of Advent is all about **hope**. It serves as a reminder that Jesus is coming, and this hope is a feeling of confidence in God's promises. It is a time to prepare our hearts to welcome Jesus at Christmas.

Council/Family Prayer:

Light our purple candle on the Advent wreath and pray together: Jesus, we thank You for the gift of **hope**. Help us to stay awake and watchful in our hearts. May our home become a place of Your light, love and peace. Bless our family with patience and joy and draw us closer to one another and to You. Amen

Council/Family Activity:

Share: What ways can we show the **hope** in Jesus to others?

Do: Choose an empty jar as your family's "Kindness Jar" and add a candy every time a family member completes an act of kindness. Reward yourselves at the end of the week.

The Diocese of Charlottetown 2025



Second Sunday of Advent Peace

Bethlehem's Candle

Theme: *Preparing the way of the Lord*

Scripture: Gospel: Mark 1.1-8

The second week of Advent is all about **peace**. It comes from turning away from sin and trusting God. Sins aren't mistakes or accidents, they are choices we make that hurt our friendships with God and with other people. John the Baptist called people to turn back to God and be baptized for the forgiveness of their sins and so preparing their hearts for the coming of Jesus.

Council/Family Prayer:

Light two purple candles on the Advent wreath and pray together: "Jesus, thank you for the gift of **peace**. Grant us Your **peace** as we prepare our hearts to receive you. Make us **peacemakers** in our family and in the world around us. May Your **peace** reign forever in our hearts. Amen"

Council/Family Activity:

Share: What are some ways we can be "**peacemakers**" in our community and home?

Do: Go to the Sacrament of Reconciliation to find inner **peace**. Spend quiet time in church before the Blessed Sacrament. Reach out to a family member or friend with whom you have fought.

The Diocese of Charlottetown 2025





Third Sunday of Advent

Joy

Shepherd's Candle

Scripture: Gospel: John 1.6-8, 19-28

The third week of Advent is all about **joy**. It reminds us of the joyful anticipation of Jesus coming that the shepherds felt as they journeyed to Bethlehem to see Jesus. This third Sunday the church calls “Gaudete Sunday,” meaning joy or praise. We light this candle and rejoice like the shepherds.

Council/Family Prayer:

Light two purple candles and the pink candle on the Advent wreath and pray together: Jesus, we thank You for the gift of **joy**. You are our **joy** even in the saddest times. Help us to praise You when we are upset or grieving. Guide us with Your light and shine **joy** into our hearts we pray. Amen

Council/Family Activity:

Share: What ways can we spread the joy of Jesus to others?”

Do: Take empty jar and mark it the “**Joy Jar**.” Each time a council or family member makes another person happy put \$1.00 in the jar. At the end of the week, take the money and give it to someone less fortunate to bring them **joy**.

Adapted from hallow.com/blog/advent-candles-and-advent-wreaths/



Fourth Sunday of Advent

Love

Angel's Candle

Scripture: Gospel: Luke 1.26-38

The fourth week of Advent focuses on **love**. It represents the ultimate love of God that He might send His only Son for us. We are called to share that same **love** with one another as we prepare our hearts and eagerly await fullness of God's kingdom, which Jesus stated here on earth.

Council/Family Prayer:

Light all four candles on the Advent wreath and pray together: Heavenly Father, as we light these Advent candles, we are filled with wonder and joy. Thank You for the great **love** You showed the world through Your Son, Jesus. May Your **love** shine bright in our hearts and guide our family during this week. Amen

Council/Family Activity:

Share: What ways can we show “great **love**” as the Heavenly Father did for us?

Do: Gather to sing quiet reflective advent hymns or Christmas carols and share the gift of music at nursing homes or shut-in community members and spread the **love**.

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