



The Catholic Women's League

A Season of Service

Advent

SUN	MON	TUE	WED	THU	FRI	SAT
First Sunday of Advent - Family Give a candle, Advent candles or an Advent wreath to someone who doesn't have one.	Think about your preparation for the coming of our Saviour. Share your knowledge of Advent with someone.	Collect food to donate to a local food bank and/or sponsor a collection event.	Organize a Christmas tree for a family or someone in need. Ask your parish priest for suggestions.	Collect and/or donate to a local women's shelter or simply inquire about their needs.	Provide a gift card to a new young parent or praise them for their strength and courage in raising good and healthy children.	Make plans to receive the gift of God's mercy in the Sacrament of Penance during the Advent season.
Second Sunday of Advent - Children Pray for inspiration.	Start a knitting or crochet project for a young one or learn a new creative skill.	Collect or donate sporting equipment, toys or books to a worthy charity or family.	Consider sponsoring a child through Chalice or a similar organization, individually or as part of a council.	Talk to a young person in your family or community about why Advent is a special time.	Call a young adult in your family or community who may need encouragement and connection.	Share a song or sing with a child or young person. Share music that brings us closer to our Saviour, Jesus Christ.
Third Sunday of Advent - Share Joy and Love Send cards of love to the sick and shut-ins.	Write a love letter to someone in your family, as the Holy Spirit leads you.	Read a story to someone or make a recording of a special story for your children or grandchildren.	Surprise someone with cookies or another treat.	Call someone you haven't spoken to in a while or make a list of people to call soon, as the Holy Spirit directs.	Bless your home and your nativity with a special prayer.	Spend some time just listening and offering encouragement to a family member or friend.
Fourth Sunday of Advent - Community Hold a bake sale for a charitable cause or community cookie exchange.	Volunteer at a soup kitchen or find out how and where this opportunity is available in your community. Share this with others.	Make a "care kit" for an unhoused person. Keep it handy for your next opportunity to give. Include an inspirational message.	Support an organization that helps your community or another charity that gives relief to the poor.	Offer to help someone with groceries or shopping today or in the future.	Deliver a treat or meal to someone alone or sick, or host a holiday meal that includes someone far from their family.	Light a white candle on Christmas Day and give thanks for this beautiful season of preparation and celebration. 