



The Catholic Women's League



A Season of Service

Advent

SUN	MON	TUE	WED	THU	FRI	SAT
<p>First Sunday of Advent - Family Give a candle, Advent candles or an Advent wreath to someone who doesn't have one.</p>	<p>Think about your preparation for the coming of our Saviour.</p> <p>Share your knowledge of Advent with someone.</p>	<p>Collect food to donate to a local food bank and/or sponsor a collection event.</p>	<p>Organize a Christmas tree for a family or someone in need. Ask your parish priest for suggestions.</p>	<p>Collect and/or donate to a local women's shelter or simply inquire about their needs.</p>	<p>Provide a gift card to a new young parent or praise them for their strength and courage in raising good and healthy children.</p>	<p>Make plans to receive the gift of God's mercy in the Sacrament of Penance during the Advent season.</p>
<p>Second Sunday of Advent - Children Pray for inspiration.</p>	<p>Start a knitting or crochet project for a young one or learn a new creative skill.</p>	<p>Collect or donate sporting equipment, toys or books to a worthy charity or family.</p>	<p>Consider sponsoring a child through Chalice or a similar organization, individually or as part of a council.</p>	<p>Talk to a young person in your family or community about why Advent is a special time.</p>	<p>Call a young adult in your family or community who may need encouragement and connection.</p>	<p>Share a song or sing with a child or young person. Share music that brings us closer to our Saviour, Jesus Christ.</p>
<p>Third Sunday of Advent - Share Joy and Love Send cards of love to the sick and shut-ins.</p>	<p>Write a love letter to someone in your family, as the Holy Spirit leads you.</p>	<p>Read a story to someone or make a recording of a special story for your children or grandchildren.</p>	<p>Surprise someone with cookies or another treat.</p>	<p>Call someone you haven't spoken to in a while or make a list of people to call soon, as the Holy Spirit directs.</p>	<p>Bless your home and your nativity with a special prayer.</p>	<p>Spend some time just listening and offering encouragement to a family member or friend.</p>
<p>Fourth Sunday of Advent - Community Hold a bake sale for a charitable cause or community cookie exchange.</p>	<p>Volunteer at a soup kitchen or find out how and where this opportunity is available in your community. Share this with others.</p>	<p>Make a "care kit" for an unhoused person. Keep it handy for your next opportunity to give. Include an inspirational message.</p>	<p>Support an organization that helps your community or another charity that gives relief to the poor.</p>	<p>Offer to help someone with groceries or shopping today or in the future.</p>	<p>Deliver a treat or meal to someone alone or sick, or host a holiday meal that includes someone far from their family.</p>	<p>Light a white candle on Christmas Day and give thanks for this beautiful season of preparation and celebration.</p> 