

*From Words  
to Action*Activity

Make a personal resolution to reach out – call, visit or write a letter to someone you do not know well.

Begin with the resolve: that on April 26 I will visit someone in a hospital or nursing home. Then develop two whereas (why) clauses:

1. As Christians we are called to be the face of Christ to our neighbour, to visit the sick and care for the lonely.
2. It has been proven that patients in hospitals and care homes suffer from depression and feel abandoned making them vulnerable to suggestions of euthanasia and assisted suicide.

(over)

Finally, cite examples of where to find the information to back up these two statements. If the whereas clauses are true, where would you look to prove your point?

It's just that easy; you've begun a personal resolution. Now the key to making it worthwhile is to follow through, to do what you said you would.

If you think it's important enough, "bridge" it to your parish level and see if anyone else is interested. Undertake one project that will involve many members; make a list of those needing a visit and take a lily to each for Easter; go in pairs to visit those women and let them know you care.

## *Connecting Spirituality and Action*

### Activity

At a regular meeting discuss the connection between spirituality and action. Using the following four quotations from the New Testament, look at outstanding resolutions that should be acted upon (see list at [www.cwl.ca](http://www.cwl.ca)), particularly as they apply to palliative care or “Welcome, friend!”

1. Blessed are the peacemakers, for they will be called children of God (Matthew 5:9).
2. Guide our feet into the way of peace (Luke 1:79).
3. For God is a God not of disorder but of peace (1 Corinthians 14:33).
4. So far as it depends on you, live peaceably with all (Romans 12:18).

*OR*

(over)

1. With the eyes of your heart enlightened, you may know what is the hope to which He has called you (Ephesians 1:18).
2. Rejoice in hope, be patient in suffering, persevere in prayer (Romans 12:12).
3. We have this hope, a sure and steadfast anchor of the soul (Hebrews 6:19).
4. But I will hope continually, and will praise you yet more and more (Psalms 71:14).

Bridge the gap between praying and doing.  
Holistic opportunities prevail everywhere.

*Resolving to  
Learn More*Activities

1. Resolve as an individual or parish council to learn more about the resolutions standing committee. Host a resolutions workshop at a general meeting asking life members to give testimony to the benefits and satisfaction of working on a resolution.
2. Write a resolution! Form a committee of two or three who will lead the group through the process. What can the League do to “Welcome, friend?” Are strangers recognized? Who must be reached out to? Using material from the “Workshop: Legislation and Resolutions” ([www.cwl.ca](http://www.cwl.ca)) brainstorm, be innovative, and inspire one another to action. Resolutions are one of the ways that allow members to fulfill League objectives. Think about who you want to reach, what you want to achieve and why.

## *Resolutions*

- inform members
- inform government
- establish policy
- plan programs
- request action
- express views
- criticize existing conditions
- motivate members
- commend
- thank