

INTRODUCING



Barb Dowding
B.C. & Yukon Provincial
President

Born and raised in Vancouver, Barb attended St. Augustine's parish. In 1969 she married Alan. They have three sons, Ian, Michael and Robert. After a term in England, they settled on the North Shore where Barb first encountered CWL through a Stitch and Coffee group of young mothers. She joined in 1978 at St. Stephen Parish Council and still has friends from those earliest CWL days. She is an avid golfer, enjoys holidays with Alan and likes to run, all second only to spending time with her six year old grandson Devon, the light of her life!

Barb accepted parish council presidency in 1990 and went on to become archdiocesan president in 1997. Barb's goals at that time, (1) encourage all members to say, "Here I am Lord, use me!" and (2) assist in the recognition and appreciation of each other's gifts, continue to be her passion. She was instrumental in forming three new parish councils and still enjoys speaking at parishes (the heart of the CWL) taking every opportunity to talk about the League and facilitating workshops and presentations that promote the big picture.

Barb has been community life, resolutions and organization chairpersons at the provincial level. She served on a national ad hoc committee that produced *Leading the League*. In 2003, Barb received her life membership as well as the maple leaf service pin. She chaired the 2000 provincial convention and 2005 national convention committees, crediting their success to the awesome committees. She serves on the board for Our Lady of Good Counsel Society and is an active member of her parish.

Barb worked in the retail sector, at a public library and in a Catholic high school. She spent three years in the Marriage Tribunal, before becoming the coordinator of Jubilee events and the Archdiocesan Synod in 1997. In 2004, she was named Vice Chancellor for the Archdiocese of Vancouver, a position she currently holds.

Barb credits her love for the League and personal development to the many League sisters who affirmed and challenged her. The recent experience at the WUCWO Study Days has made her more focused on making sure all women have the opportunity to experience the gift that the League is to the church and to one another.



Lise Medford
Military Ordinariate Provincial
President

After marrying the love of her life and moving to CFB Cold Lake, it seemed to Lise that the first organization she should join as a military dependent was the Military Ordinariate CWL. She thought that it would be a good start for an active Catholic woman and her friend had many good things to say about League women and the work they did.

Shortly after joining in 1985, Lise and her husband were transferred to Baden Söllingen in West Germany, where she accepted the position of treasurer and then president. Upon her return to CFB Cold Lake, she served as communications and organization chairpersons and then as president. Lise joined the Military Ordinariate Provincial Executive in 1998 as treasurer, followed by spiritual development and organization chairpersons. In 2002, Holy Name Parish Council in CFB Cold Lake presented her with a maple leaf service pin.

Over the years, Lise has earned a piano teacher's degree, become a ceramics teacher, obtained a business management and development degree and completed a lay ministry formation program.

Lise has been career oriented, from being a bank teller to a bank office administration manager to a youth camp cook and finally to a legal secretary. She has also recently started a part-time home business.

Lise was born in Fort Kent, Alberta, the eldest of three girls. Her French heritage has always been a large part of her life, including folk dancing until last year. She enjoys travelling, cooking, gardening and playing piano.